

NFYC Junior Sailing Program

The Junior Program this year will be made up of basic sailing, and advanced sailing.

Basic sailing will involve learning to rig and sail an 8 foot Optimist sailboat or a larger boat for the teenagers, basic knot tying, boat handling, sailing etiquette, terminology and basic rules of the sea. They will have classes on Mondays and Wednesdays. Fridays will be for racing, any student is welcome to come who is ready to race and spend the class learning the rules of racing and practicing those rules.

Advanced sailing is for sailors who have been through the basic sailing class and are ready for advanced techniques. They will learn how to read the wind, roll tack, and be introduced to racing. Advanced classes will be on Tuesday and Thursdays. Fridays will be for racing, any student is welcome to come who is ready to race and spend the class learning the rules of racing and practicing those rules.

Students in the Junior Sailing Program must be at least 8 years old on the first day of class. Classes will begin the week of June 22nd for beginners and 23rd for advanced both at 8:30am-BE ON TIME to each lesson.

The Junior Sailing Regatta will be held August 15th. The Regatta will include races and games. It will begin at 9am and afterward, at 11am, there will be a Picnic for parents and sailors. Please put this date on your calendar.

- Enrollment:** To enroll, complete the attached application and enclose full payment. Due to class size and boat availability, enrollment may be limited. Preference will be given to NFYC general membership, followed by the date of application for junior membership.
- Fee:** The junior sailing lessons are included with general membership NFYC fees. The Fee for non yacht club members is \$175.00
- Attire:** US Coast Guard approved PFD (life jacket), swimsuit, shorts, t-shirt, sweatshirt, and a towel, expect to get wet daily.
- Swim Test:** Conducted with a life jacket on. All participants will be required to swim 50 yards unaided and tread water for 1 minute on the first day of class, no matter the weather.
- Discipline:** Behavioral problems will not be tolerated. Repeat offenders will be expelled.

Please send application and fee (if applying for junior membership) to:

April Yardley

NFYC Junior Sailing Registration

Sailor's Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Birthdate: _____/age _____ Sailing experience: _____ years

T-shirt size _____ (YM, YL, AS, AM, AL)

Indicate choice of class: Basic: _____ Advanced: _____

Parent/Guardian Name(s): _____

Dad: phone: _____ email: _____

Mom: phone: _____ email: _____

Emergency contact: _____ phone: _____

List allergies and/or conditions that may be of concern:

Applicant acceptance/acknowledgement:

I _____ the above-named applicant, do hereby agree to the bylaws, rules and/or policies of North Flathead Yacht Club.

Sailor's signature: _____ Date: _____

Waiver: In consideration of my child participating in NFYC junior sailing program, and while the staff and volunteers of NFYC will use their best judgment as to weather conditions and safety of all participants, the sport of sailing involves risk of injury and possible death, and I agree to accept these risks and to hold NFYC, its officers, board members, employees, volunteers and membership harmless from any claims of any nature what-so-ever, arising out of the activities of the junior program.

Parent Guardian Signature: _____ Date: _____

Indicate membership status:

___ NFYC general member child

___ Junior membership applicant: Please enclose \$175.00 check made out to NFYC.

Jr Membership to NFYC includes sailing lessons, use of the club boats during lessons and the junior regatta. Jr. Membership does not include use of the facility or club boats during any other time. Please respect these rules so that the club can continue offering the Jr. Membership program.