



Friday POETS Series 2022

SAILING INSTRUCTIONS (SIs)

North Flathead Yacht Club
Somers, Montana

1 RULES

- 1.1** The event is governed by the rules as defined in *The Racing Rules of Sailing 2021-2024*, the regulations of Northern Rockies Sailing Association, Class rules for One Designs, and these sailing instructions.
- 1.2** The PHRF handicap number assigned to each boat for racing will be the base number as determined by the NFYC PHRF Committee.
- To gain an adjustment for sailing with an over or undersized sail, competitors will be required to complete and submit a sail measurement form in its entirety, including Main, Largest head sail, and Spinnaker (if used) to be sailed during the series. An adjusted handicap will be assigned for use during the entire series. A standard headsail has an LP of 150%. An adjusted handicap will then be assigned for use during the entire series.
 - To gain an adjustment for sailing without a spinnaker, "White Sails Only" a competitor must declare so for the entire series. An adjusted handicap will then be assigned for use during the entire series.
 - Non Displacement boats will be assigned a handicap rating comparable to displacement boats with similar hull speeds etc. (example; Thistle 168 similar to J-24 168).

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1** Any change to the sailing instructions will be posted before 1800 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2** Changes to a sailing instruction may be made on the water by Principle Race Officer relaying information to all competitors of change to the sailing instructions. VHF Channel 68 may be used to aid in dispersing information about changes.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1** Notices to competitors will be posted on the official notice board located on the middle deck of the NFYC Clubhouse. Notices may also be available at www.nfyc.org

- 3.2** The race office is located at the NFYC Club House meeting room, 406 857-2582, nfyvice@gmail.com
- 3.3** On the water, the Race Committee will primarily use flags and voice hails to communicate with competitors. The RC also intends to monitor and communicate via VHF radio on channel 68.
- 3.4** While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 CODE OF CONDUCT

- 4.1** Competitors shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1** Signals made ashore will be displayed at the Race Officer's boat.
- 5.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

6 SCHEDULE OF RACES

- 6.1** Every Friday Night beginning June 24th 2022, ending August, 26th 2022.

A makeup race may be scheduled for Friday, Sept 2nd.

- 6.2** The scheduled time of the warning signal for the first race each day is 1930 hours in June and July, 1900 hours in August.
- 6.3** To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

7 FLEETS

- 7.1** Standard Fleets shall be:

- A Fleet: Displacement Boats with PHRF 148 and Lower
- B Fleet: Displacement Boats with PHRF 149 to 181
- C Fleet: Displacement Boats with PHRF 182 to 234
- D Fleet: Displacement Boats with PHRF 235 and Higher

- 7.2** One Design Fleets:

- One Design Fleets: Any group of three or more competitors may petition to race as One Design Fleet for the entire series and race according to their individual Class Rules.

- A One Design Fleet with 5 or more boats present for a race may petition the Race Committee for their own start.

8 FLEET FLAGS

- 8.1**
- A Fleet Flag: solid blue flag with letter "A" in the middle
 - B Fleet Flag: solid red flag with letter "B" in the middle
 - C & D Fleet Flag: solid yellow with letter "C" in the middle.
 - One Design Fleet Flag: solid green with letters "OD" in the middle.

9 RACING AREA

- 9.1** The racing area shall be in and around Somers Bay, generally directly East of the Fish Hatchery.

10 THE COURSES

- 10.1** The diagrams in SI addendum 1 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The approximate course length is $\frac{3}{4}$ - 1 mile per leg (one way).

- The course shall be windward/leeward
- The fleet will sail twice around the course
- All marks will be rounded to port.
- After the fleet has started, the committee boat will reposition starboard of the windward mark to establish a race finish line.
- The starting pin will become the short leeward mark.

- 10.2 A Fleet:**
Start, Windward, Long Leeward, Windward, Long Leeward, Finish

- 10.3 B Fleet:**
Start, Windward, Long Leeward, Windward, Short Leeward, Finish

- 10.4 C and D Fleets:**
Start, Windward, Short Leeward, Windward, Short Leeward, Finish

11 Shortened Courses:

- 11.1** The race course may be shortened at the discretion of the Race Committee.

- 11.2** If the Short course flag (Code S) is flown during the start sequence, the race course will be shortened to once around each fleet's respective first lap course.

11.3 If the Short course flag is flown while a race is underway, the finish line will be where established by the Committee Boat and the nearest mark.

12 MARKS

12.1 Mark(s) are orange or green tetrahedrons.

13 OBSTRUCTIONS

13.1 The Following objects are designated as obstructions:

- Rock/weather station south of the club with a flashing light on top of it.
- The trestles coming out from the shore south of the club.

14 THE START

14.1 The starting line is between a staff displaying an orange flag on the Race Committee boat at the starboard end and an orange bouy at the port end

14.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

14.3 The starts shall be in accordance with RRS 26. The Start Signal for the fleet in sequence shall be the Warning Signal for the succeeding fleet.

14.4 General Recall:

If there is a general recall at the start, that fleet will begin a new start immediately after all other fleets have started. Other potential general recalls will follow in consecutive order. The I flag (rule 30.1) will be flown after a general recall for that fleet's next start for that race only.

14.5 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing.

14.6 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request.

15 THE FINISH

15.1 The finishing line is between a staff displaying a blue flag on the finishing vessel (Committee Boat) at the starboard end and the course side of the port end finishing mark. The finish mark will be the windward mark.

16 PENALTY SYSTEM

16.1 Rules 44.1 & 44.2 are in effect.

17 Time Limits

17.1 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned. Mark 1 Time Limit is 30 minutes.

18 HEARING REQUESTS

18.1 **Any rules infractions between Experienced and Novice racers will be dealt with right after each race at the fire pit by the people involved. It is the obligation of experienced racers to contact the novice and explain the rule(s) involved and offer guidance at this time.**

18.2 Protests between Experienced racers that are unresolved on the water need to be submitted within 30 minutes of the Race Committee being secure at the dock.

18.3 Hearing request forms are available from the race office at upstairs club room filing cabinets.

18.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the Club House, beginning at the time posted.

18.5 The protest committee will be composed of 1 member (from a fleet not involved in the protest) acting as judge and 2 other members participating in that particular race. The protest committee will review the filed protest form and schedule a protest hearing. Protest hearings should be held the same day as the incident occurred if at all possible.

18.6 All safety and sportsmanship violations should be reported to the Vice Commodore and/or the Fleet Captain (not the Race Steward).

19 SCORING

19.1 Boats owned or skippered by current members of North Flathead Yacht Club will be eligible to participate for prizes. Non-members will need to register with the race committee and pay Regatta Fee to be determined by said committee.

19.2 A boat's series score is the total of her 7 best race scores.

19.3 2 races are required to be completed to constitute a series.

20 SAFETY REGULATIONS

20.1 All of RSS Part 1 FUNDAMENTAL RULES apply.

20.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

21 EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

21.2 [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

22 OFFICIAL VESSELS

22.1 The official committee boats can be identified by the RC Flag being flown from them.

23 PRIZES

23.1 Prizes will be given [in each fleet] at the annual Club Awards Banquet.

24 RISK STATEMENT

24.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

25 INSURANCE

25.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$100,000 per incident or the equivalent. Proof of insurance may be required.