



2024 NFYC Junior Sailing Program

The 2024 **NFYC Junior Sailing Program** will offer a variety of 1 week intensives and 4 week sailing lessons.

Students in the Junior Sailing Program must be at least 8 years old on the first day of class.

Enrollment:

To enroll, complete the attached application and enclose full payment. Due to class size and boat availability, enrollment will be limited. NFYC members are given priority enrollment and have until April 18th to turn in enrollment.

On April 19th enrollment is open to the public, preference will be given to previous junior sailing participants and by the date of application for junior membership.

Attire:

US Coast Guard approved PFD (life jacket), swimsuit, shorts, t-shirt, sweatshirt, water shoes or close-toe shoes (no flip flops) and a towel, expect to get wet daily.

Swim Test:

Conducted without a life jacket on. All participants will be required to swim 50 yards unaided and tread water for 1 minute on the first day of class, no matter the weather.

Discipline:

All junior sailors are expected to;

- follow the NFYC rules and those set forth by the instructors.
- be respectful of NFYC property and junior sailing equipment. NFYC is a non-profit volunteer based organization.
- be respectful to both their peers and the instructor.
- to participate in all class activities.
- bring a lunch if participating in both AM&PM sessions on the same day.

Behavioral problems will not be tolerated. Repeat offenders will be expelled.

Our 4 week class:

Welcome aboard the **'Sailor's Odyssey'**—a four-week journey destined to transform you into a skilled mariner, no matter where you're starting from!

Set sail on this epic adventure where every week brings new challenges, discoveries, and triumphs on the water. Whether you're a seasoned sailor seeking to sharpen your abilities or a fresh-faced novice eager to learn the ropes, this course is tailor-made for sailors of all skill levels.

In Week 1, we'll embark on the 'Foundations of Sailing'—a crash course in the basics where you'll learn the ropes (quite literally!), master the art of tacking and jibing, and gain a solid understanding of sailing fundamentals.

Week 2 launches us into 'Navigating the Waves'—where you'll take your skills to the next level as we dive into more advanced maneuvers, tackle windward and leeward sailing, and explore the finer points of sail trim and boat handling.

As we sail into Week 3, it's time for 'Adventures on the Horizon'—a week filled with thrilling challenges and daring escapades. From navigating through challenging currents to mastering the art of anchoring, you'll embark on exciting expeditions that will put your newfound skills to the test.

Finally, in Week 4, it's all hands on deck for the 'Regatta Royale'—our grand finale where you'll showcase everything you've learned in a friendly competition against your fellow sailors. Whether you're vying for the podium or simply aiming to sail with style, the Regatta Royale promises to be a highlight of your sailing journey.

So come aboard the 'Sailor's Odyssey' and chart your course towards sailing success. With each week, you'll grow stronger, more confident, and ready to take on whatever challenges the open sea may throw your way. Fair winds and following seas await!"

Monday - Thursday

June 24 - July 19

AM Session: 8:30-11:30

PM Session: 12:30-3:30

Member: \$150 per session

Non-member: \$300 per session

Week 1 intensive:

Ahoy, young sailors! Welcome aboard the '**Captain's Challenge**'—a thrilling week-long journey designed to put your sailing prowess to the test and elevate you to new heights on the water.

Embark on this exhilarating adventure where you'll navigate through a series of exciting challenges and activities that will push your sailing abilities to their limits. From mastering advanced maneuvers to honing your seamanship skills, each day presents a new opportunity for growth and discovery.

Under the guidance of experienced instructors, you'll navigate the winds and waves with confidence, refining your technique and expanding your understanding of the art of sailing. Whether you're a seasoned sailor or just setting sail for the first time, the 'Captain's Challenge' offers something for everyone.

So hoist the sails and prepare for the adventure of a lifetime—join us for the 'Captain's Challenge' and set course for a week filled with excitement, camaraderie, and unforgettable memories on the high seas!

Monday - Friday

June 17 - June 21

AM Session: 8:30-11:30

PM Session: 12:30-3:30

Member: \$125 per session

Non-member: \$225 per session

Week 2 intensive:

Get ready to elevate your sailing game as we dive headfirst into the exhilarating world of 'Navigating the Waves.' This week is all about pushing your skills to the next level and mastering the art of sailing in dynamic conditions.

Prepare to tackle windward and leeward sailing like a seasoned sailor as we navigate through the ever-changing currents and gusty winds of the open water. With each tack and gybe, you'll feel a surge of adrenaline as you harness the power of the wind to propel your vessel forward with precision and grace.

But that's just the beginning—this week is also your opportunity to delve into the finer points of sail trim and boat handling, unlocking the secrets to maximizing speed and efficiency on the water. From tweaking your sail angles to perfecting your steering technique, you'll learn how to fine-tune every aspect of your sailing performance and sail with confidence in any conditions.

And let's not forget about the thrill of putting your newfound skills to the test in exciting on-the-water challenges and games. Whether we're racing around buoys, navigating through a slalom course, or practicing man overboard drills, there's no shortage of excitement and camaraderie to be had as we push ourselves to new heights of sailing excellence.

So buckle up, hold on tight, and get ready to ride the waves of adventure. With each gust of wind and turn of the tide, you'll emerge stronger, more skilled, and ready to tackle whatever challenges the open water may throw your way. Fair winds and following seas await—let's set sail for an unforgettable week of high-seas excitement and adventure!

Monday - Friday

July 22 - July 26

AM Session: 8:30-11:30

PM Session: 12:30-3:30

Member: \$125 per session

Non-member: \$225 per session

Week 3 intensive:

Welcome aboard the '**Tactical Tides**'—a week-long adventure tailored specifically for junior ready to navigate the strategic waters of sailing tactics!

Join us for a thrilling voyage where we'll dive deep into the art of strategic sailing maneuvers, tactical decision-making, and cunning race strategies. Over the course of the week, you'll hone your skills under the guidance of seasoned instructors, learning how to outmaneuver your opponents and sail to victory with style and finesse.

From mastering the art of starting tactics to perfecting your upwind and downwind strategies, each day presents a new opportunity to expand your tactical toolkit and elevate your racing game to new heights. Through hands-on exercises, on-the-water drills, and interactive lessons, you'll gain a deeper understanding of the nuances of tactical sailing and develop the confidence to take on any challenge that comes your way.

But it's not all serious business on the water—prepare for plenty of fun and camaraderie as you sail alongside fellow junior sailors who share your passion for adventure and competition. Whether you're battling it out on the racecourse or swapping stories over a shoreside barbecue, the 'Tactical Tides' promises an unforgettable week filled with laughter, learning, and lasting memories.

So hoist the sails, plot your course, and join us for a week of tactical triumphs on the high seas. The 'Tactical Tides' await—let's set sail for an adventure you'll never forget!

Monday - Friday

August 12 - August 16

AM Session: 8:30-11:30

PM Session: 12:30-3:30

Member: \$125 per session

Non-member: \$225 per session

Week 4 intensive:

Ahoy, young adventurers! Welcome to the '**Island Hoppers**'—where the shores of Flathead Lake become our playground and the islands are our treasure troves waiting to be explored!

Join us for an exhilarating week-long voyage tailored for intermediate junior sailors ready to set sail on a daring expedition through the pristine waters of Flathead Lake. With its sparkling blue depths and picturesque islands dotting the horizon, this majestic lake is the perfect backdrop for our seafaring escapade.

Get ready to chart your course and navigate through the hidden coves, secluded beaches, and enchanting islands that adorn the lake's surface. Under the guidance of our experienced crew, you'll learn the secrets of coastal navigation, master the art of anchoring in remote bays, and discover the thrill of exploring new horizons.

Each day brings a new adventure as we set sail to uncover the treasures of Flathead Lake. Whether we're snorkeling among vibrant underwater gardens, hiking to panoramic viewpoints, or picnicking on sandy shores, there's no shortage of excitement to be had on this epic journey.

But it's not just about the destinations—we'll also immerse ourselves in the rich history and culture of the region, learning about the indigenous tribes who have called these lands home for centuries and discovering the

stories behind the landmarks we encounter along the way.

And let's not forget about the camaraderie and friendship that comes with sharing such an incredible journey with your fellow Island Hoppers. From swapping sea tales to belting out sea shanties under the starlit sky, the bonds you form on this voyage will last a lifetime.

So hoist the sails, set course for adventure, and join us as we embark on the ultimate island-hopping expedition across Flathead Lake. The adventure of a lifetime awaits—let's make some waves and create memories that will last a lifetime!

Monday - Friday

August 19 - August 23

AM Session: 8:30-11:30

PM Session: 12:30-3:30

Member: \$125 per session
Non-member: \$225 per session

Class Schedule:

1 week intensives: Monday-Friday 8:30-11:30 & Monday-Friday 12:30-3:30
students participating in both AM/PM sessions to bring a lunch

4 week AM/PM: Monday-Thursday 8:30-11:30 & Monday-Thursday 12:30-3:30
students participating in both AM/PM sessions to bring a lunch

NO CLASSES July 4 Enjoy your holiday weekend.

The **Junior Sailing Regatta**, for all junior sailors, will be held July 20th. The Regatta will include races and games. It will begin at 9am (sailors are to be there at 8:15am to rig boats) afterward at 11am there will be a Picnic for parents and sailors. Please put this date on your calendar.

Fee:

NFYC member (children and grandchildren) is \$150 per child for either AM or PM of the 4 week course, \$125 per child for either AM or PM for each week-long intensive.

Non- NFYC member is \$300 per child for either AM or PM of the 4 week course, \$225 per child for either AM or PM for each week-long intensive.

Cancellation Policy:

Refund is available until 14 calendar day prior to the start of the designated session, minus a \$50.00 non-refundable cancellation fee charge

Parent Involvement:

Parents/guardians are welcome to stay at the club while their child is in class but are not required to.

Please send application and fee to:

nfycjuniorsailing@gmail.com

fees can be mailed to:

**NFYC
PO BOX 208
SOMERS, MT 59932**